

## Huaiwen Xu Badminton Academy

Huaiwen Xu is a former Women's Singles Badminton player. Her successes include more than twenty national and international singles titles such as the Scottish, Polish, Dutch and Swiss Opens, the Copenhagen Masters and five consecutive German National Championships. Additionally, Huaiwen was a dual Gold Medallist at the European Championships and a dual Bronze Medallist at the World Championships. She competed at two Olympic Games (2004 & 2008; 5th placing) and in June 2006, she attained, a world no.1 ranking in women's singles.

As a result of these athletic achievements, she received in 2008 the 'Silbernes Lorbeerblatt (Silver Leaf)'; the highest sports award recognised by the Federal Republic of Germany as well as being appointed by the International Olympic Committee (IOC) in 2010 to serve as the inaugural Badminton Athlete Role Model at the Singapore 2010 Youth Olympic Games.

Huaiwen retired from the international circuit in 2009 and since then, has transitioned into a leading coach. From 2011 - 2012, she served the Dutch Badminton Association as their national coach after-which she spent twelve months in Glasgow working as a Scottish Junior National squad coach. Huaiwen also regularly delivers courses and seminars for the Badminton World Federation (BWF), Badminton Europe (BE) and she is fluent in three languages (English, Chinese and German).

As primary and secondary school level, **Huaiwen Xu Badminton Academy** aligns its delivery module closely to the successful BWF programme called 'Shuttle Time'. This programme introduces students to the sport through the development of basic skills, drills and general activities. The programme is suitable for children of all ages and all levels of ability. It is also without doubt, safe, fun and inclusive.

'Shuttle Time' promotes confidence, team-work, fitness as well as the development of key technical skills such as eye-hand coordination, catching and throwing, stability and balance, speed and agility, and jumping and landing.

If your child is interested in the lessons, please fill out the form with cash payment in an envelope and return it to school office before 15<sup>th</sup> January. Cheques made payable to " Red Lion Sport& Culture Limited".

Child's Full name	
Date of Birth	
Email	
Emergency Contact	
Have you got any medical conditions?	
Is there anything you want us to know about your child?	
Do you give us your consent to take photographs/videos that may contain images of your child?	

**Signature of Parent/Guardian:**